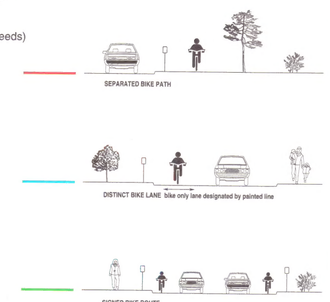
Legend

- **Arterial :** (Roadways with high traffic volumes)
- **Major Arterials :** (High traffic volumes and high speeds)
- **One - Way Streets**
- **Steep Grades (arrow points Downhill)** One arrow 5%-10% Two arrows 10%+
- **Paved Multi - Use Trails in Parkland**
- **Unpaved Multi - Use Trails** (Cycling permitted ONLY on paved or designated unpaved multi-use trails)
- **Service Roads**
- **Bus Lanes** (24 hours)
- **Bus Lanes** (Peak hours only)
- **Bus Lanes - bicycles permitted**
- **Pedestrian Overpasses**
- ETS **Transit Centres With Bicycle Racks**
- **LRT Transit Stations**
- P **Local Police Stations** (In case of emermency call 911)
- **Blufone Locations**



Scale 1 : 40 000

km 1 0.5 0 1 2 km

miles 1 0.5 0 1 miles

Emergency BLUFONE Service in CITY PARKLAND

Direct access to emergency 911 system

Only calls for emergency services (POLICE, AMBULANCE, FIRE, etc.) can be accepted.

Points of Interest

- City Hall, #1 Sir Winston Churchill - H 10
- Commonwealth Stadium Sports and Fitness Centre, Stadium Road - 110 Avenue - G 10
- Edmonton Art Gallery, #2 Sir Winston Churchill - H 10
- Edmonton Convention Centre, 97 Street - Jasper Avenue - H 10
- Edmonton Youth Hostel, 106 Street - 81 Avenue - J 9
- Fort Edmonton Park, Fox Drive - Whitemud Drive - K 6
- Telus Field - Baseball Park, 103 Street - 96 Avenue - I 9
- John Janzen Nature Centre, Fort Edmonton Park - K 6
- John Walter Museum, Kinsmen Park - I 9
- Legislative Building, 108 Street - 97 Avenue - I 9
- Muttart Conservatory, 96 Street - 98 Avenue - I 10
- Edmonton Coliseum, 73 Street - 118 Avenue - G 10
- Provincial Museum, 128 Street - 102 Avenue - H 7
- River Valley Outdoor Centre, 97 Avenue - 102 Street - I 9
- Rutherford House Museum, 111 Sreet - Saskatchewan Drive - I 8
- Space and Science Centre, 142 Street - 111 Avenue - G 7
- Valley Zoo, 134 Street - Buena Vista Road - K 7
- West Edmonton Mall, 170 Street - 87 Avenue - J 4
- Whitemud Equine Centre, 12505 Keillor Road - K 10

Leisure Centres

- Argyll Velodrome, 88 Street - 68 Avenue - K 11
- Bonnie Doon Leisure Centre, 82 Street - 90 Avenue - J 11
- Borden Park Pool (Outdoor), 74 Street - 112 Avenue - G 11
- Confederation Leisure Centre, 112 Street - 43 Avenue - M8
- Coronation Leisure Centre, 138 Street - 111 Avenue - G 7
- Eastglen Leisure Centre, 114 Avenue - 68 Street - G 11
- Fred Broadstock Pool (Outdoor), 158 Street - 105A Avenue - H 5
- Grand Trunk Leisure Centre, 130 Avenue - 112 Street - E 9
- Hardisty Leisure Centre, 105 Avenue - 65 Street - H 12
- Jasper Place Leisure Centre, 92 Avenue - 163 Street - I 5
- Kinsmen Sports Centre, 106 Sreet - Walterdale Hill - I 9
- Londonderry Leisure Centre, 145 Avenue - 66 Street - D 11
- Mill Creek Pool (Outdoor), 95 Street - 82 Avenue - J 10
- Mill Woods Recreation Centre, 72 Street - 28 Avenue - N 12
- O'Leary Leisure Centre, 88 Street - 132 Avenue - E 10
- Oliver Pool (Outdoor), 119 Street - 103 Avenue - H 8
- Queen Elizabeth Pool (Outdoor), 106 Street - 89 Avenue - J 9
- Rundle Park Recreation Centre, 29 Street - 113 Avenue - H 14
- Strathcona Leisure Centre, 104 Street - 72 Avenue - K 9

Bicycle Support

Alberta Bicycle Association - G 7
11759 Groat Road
Phone: 427-6352
Web site: www.albertabicycle.ab.ca

ABA is the provincial organization governing all forms of bicycle racing. ABA is affiliated with the Canadian Cycling Association.

Edmonton Bicycle Commuters - J 10
10047 - 80 (rear lane access only)
Phone: 433-2543
Web site: www.ecn.ab.ca/ebc

EBC's mandate is to improve conditions for the cycling commuter and encourage the use of bicycles as a mode of transportation. EBC also operates Bike Works, a fully equipped bicycle repair facility. You can use the shared tools to fix your bike or learn how to maintain your bicycle.

G 3504 E3 2001 C995 MAP CABT

WILLIAM C. WONDERS MAP COLLECTION Univ. of Alberta Library

University of Alberta Library
0 1620 1735 1865

SHARE THE TRAILS - CODE OF CONDUCT

Bicycles are fun, relatively inexpensive, and non-polluting. They provide riders with a sense of freedom. The City of Edmonton has approximately 180 km of the **finest multi-use trails** within the River Valley and alongside roadways where bicycles may be enjoyed. These trails are meant to be shared. Inappropriate use may cause resentment of cyclists by other users.

GENERAL
Keep Right
All users must keep right, except when passing or turning left. Move off the trail to the right when stopping.

Stay Alert
Control speed based on activity, ability, terrain, visibility and traffic. Use caution in blind corners, poor weather conditions, and on unfamiliar trails

Be Visible
Ensure your visibility during daytime and night-time use.

Preserve
Avoid fragile surfaces and vegetation, and always try to preserve the environment for future uses. Try not to disturb wildlife or habitat.

Yield
Yield to slower moving traffic: cyclists to pedestrians, joggers to walkers. Move off to the side of the trail for less mobile users.

Share The Responsibility
The interlinking system of multi-use trails in the River Valley provides opportunities for all. Help teach each other proper trail etiquette; lead by example. Remember, others will be judged by your actions.

Earphone Dangers
Earphones are dangerous to both you and other trail users, particularly the inability to hear approaching traffic.

Trail Impact
Avoid other user trail lines. For example, avoid walking on ski trails. Stay on trails and practice minimum impact. Do not cut or forge new trails.

Orderly Fashion
Groups of users should not span more than half of the trail width so that others may pass.

Control Your Pets
Keep animals leashed in areas requiring leashes. Please restrain animals near other users and wildlife on trails.

CYCLISTS
Be Courteous - Signal Others
Make contact with others pleasantly, no matter how brief. Always make the first move to avoid conflicts. Inform others of what you are doing with an audible warning.

Ride Appropriately
If your speed or style endangers other users, check for alternative routes, better suited to your needs. Selecting the right location is safer and more enjoyable for all concerned. Use caution on hills, underover bridges and especially when trails are busy.

Observe
Honor and respect all trail closure signs, seasonal and permanent. Observe all bylaws and regulations concerning trails.

Be Aware
Check ahead and behind, left and right before crossing or merging with trails. Move completely off trails when stopping so that no conflicts occur.

IN LINE SKATERS
Note : It is illegal to skate on city streets. Skating is permitted on sidewalks.
Control
Always skate under control. Do not endanger others. Keep poles close to your body when passing.

Wear The Gear
Including helmet, knee pads, elbow pads and wrist guards for your safety.

Stay Clear
Stay away from water, oil, uneven surfaces or debris on the trail

Caution
Follow trail travel, passing and speed guidelines as per cyclists. Be aware of proper skating and braking techniques before going on trails.

HOW TO RIDE IN TRAFFIC

Obey Traffic Sign And Signals
In order to be taken seriously, cyclists must obey the rules of the road.

Never Ride Against Traffic
This is illegal and extremely dangerous. Motorists are not expecting cyclists on the wrong side of the road.

Use Hand Signals
Hand signals tell motorists what you intend to do. Signal as a matter of law, courtesy and of self-protection. In some right-turn situations, an outstretched right arm is more visible to those behind you.

Ride In A Straight Line
Whenever possible ride in a straight line, to the right of traffic, but at least a cars door's width away from parked cars.

Don't Weave Between Parked Cars
Don't ride out to the curb, between parked cars. Motorists may not see you when you try to move back into traffic.

Ride In The Middle Of A Narrow Lane Or When Traffic Is Slow
The Highway Traffic Act, Section 146(2), indicates that a cyclist should ride as near as practicable to the right hand curb or edge of the roadway. In narrow lanes or slow traffic, it may be practicable to ride in the middle of the lane to be more visible.

Follow Lane Markings
Don't turn left from the right lane. Don't go straight through in a lane marked, "right turn only."

Choose Best Way To Turn Left
There are 2 ways to make a left turn:
1) Like an auto. Signal, shoulder check, move into the left lane and turn.
2) Like a pedestrian. Ride straight to the far crosswalk and walk your bike across when appropriate.

Don't Pass On The Right
This is illegal and motorists, particularly buses and other large vehicles, may not look for or see a cyclist passing on the right.

Use Caution On Shared-Use Facilities
Where permitted by signs to use the sidewalk, always give right-of-way to pedestrians and always give audible warning of your approach. Be especially careful when re-entering the roadway.

Make Eye Contact With Drivers
Assume they don't see you until you are sure they do. Watch for cars pulling out.

Scan The Road Behind
Learn to look back over your shoulder without losing your balance or swerving left.

Avoid Road Hazards
Watch out for parallel-slat sewer grates, oily pavement, slippery utility covers, painted lines, gravel and ice. Cross railroad tracks carefully at right angles. For better control and comfort, stand up on your pedals as you cross bumps.

Keep Both Hands Ready To Brake
You may not stop in time if you break with one hand. Allow extra distance for stopping in the rain, since wet brakes are less efficient.

Watch For Chasing Dogs
Ignore them or try a firm 'No!' If the dog doesn't stop, dismount with your bike between you and the dog. Do not risk a collision with the dog or with a vehicle while trying to avoid the dog.

Keep Bike In Good Repair
Adjust your bike to fit you and keep it working properly. Routine maintenance is simple and you can learn to do it yourself. Contact the Edmonton Bicycle Commuters for advice at **433-2453**

Use Lights At Night
Use a strong headlight and a red rear light, plus a red rear reflector at night. Wear a reflective vest or lightly coloured clothes with reflective tape for extra visibility.

Use A Flag On Trailers
Trailers may be difficult for motorists to see. Use a red flag on the trailer at rider height to alert motorists to your presence.

Warn Others Of Your Approach
Use a bell to warn other cyclists and pedestrians of your approach. Move right when a bell is sounded behind you.

Dress Appropriately
In rain, wear a rain cape or rain coat and pants. Dress in layers for temperature changes and wear a helmet with a hard outer shell and crushable, foam lining.

Use Pack Or Rack
Saddlebags, racks, baskets and small backpacks are all good ways to carry packages, freeing your hands for safe riding.

Never Wear Headphones When Riding
Being able to hear approaching traffic is an essential part of safe riding - listen up!

Lock Bike When You're Gone
Lock up to a bike rack or another immoveable object, locking at least the frame and preferable one or both wheels to the rack with a U-lock or heavy chain and padlock. Keep a record of your bicycle's colour and serial number. The City of Edmonton operates a bicycle parking program with Street Talk to install racks. Call **455-0124**

TRAFFIC SIGNS

Obey all traffic lights.

Stop
Stop
Proceed with caution

Stop completely at all STOP signs.

Give way to approaching traffic.

Proceed in this direction only. NEVER RIDE AGAINST THE TRAFFIC

Do not enter.

Do not turn. It is illegal to do so.

CROSSWALKS
Whenever using a marked and/or signal controlled pedestrian crosswalk, cyclists must yield to pedestrians and vehicles.

Standard traffic signs permit or restrict the use of sidewalk facilities.
(use permitted)

(use prohibited)

This sign indicates that cyclists and pedestrians must share the walkway. Cyclists must yield to pedestrians

This is one of the standard signs for Edmonton bikeways. This sign directs cyclists along a recommended route and cautions motorists that it is a preferred on road cycling route.

Where there is a hazard or an obstruction along a bikeway, this sign may be posted to advise cyclists to dismount their bicycle and proceed on foot.

PUBLISHED BY THE CITY OF EDMONTON
United Cycle & Motor Co
10323 - 78 Ave
Edmonton, AB T6E 1N6
Ph: (780) 433-1131 Fax: (780) 433-2656

CYCLE Edmonton

MAP, INFORMATION, AND TRAIL GUIDE

Trail Map

RIVER VALLEY PARKS

Park and Facility Amenities	Bike	Pay/Info	Washrooms	Water Fountain	Public Phone	Playground	Seating	Fishing	Picnic
1 Wm. Hawrelak Park 9330 Groat Rd	★	✓	✓	✓	✓				✓
2 Heritage Amphitheatre Wm. Hawrelak Park		✓	✓	✓	✓				
3 Government House Park Northside Groat Bridge			✓	✓					✓
4 MacKinnon Ravine Government House Park				✓					✓
5 The Valley Zoo Buena Vista Road & 13A St	★	✓	✓	✓	✓				
6 Buena Vista Park 13400 Buena Vista Rd	★			✓					
7 Sir Wilfred Laurier Park 13400 Buena Vista Park	★	✓	✓	✓	✓	✓	✓	✓	✓

Park and Facility Amenities	Bike	Pay/Info	Washrooms	Water Fountain	Public Phone	Playground	Seating	Fishing	Picnic
1 Whitemud Park Fox Dr. & 149 St			✓	✓		✓	✓	✓	✓
2 Whitemud Nature Reserve 43 Ave. & 122 St.	✓			✓					
3 John Janzen Nature Centre Fox Dr. & Whitemud Dr.	✓	✓	✓	✓	✓				
4 Fort Edmonton Fox Dr. & Whitemud Dr.	✓	✓	✓	✓	✓	✓	✓		✓
5 Patricia Ravine Pamela Dr. & 159 St									

Park and Facility Amenities	Bike	Pay/Info	Washrooms	Water Fountain	Public Phone	Playground	Seating	Fishing	Picnic
1 Riverside Golf Course Rowland Rd. & 98 St.	✓	✓	✓	✓	✓				
2 Riverside Trail Rowland Rd. & 98 St.				✓					
3 Forest Heights Park 84 St. & 102 Ave.	★			✓					
4 Henrietta Louise Edwards Park 88A St. & 88 Ave.	★			✓					✓
5 Rather's Landing 96 St. & 98 Ave.									
6 Dawson Park 89 St. & 102 Ave.	★		✓	✓					✓
7 Louise McKinney Park 97 St. & Grierson Hill Rd.	★			✓					
8 Cloverdale Park 88 St. & 94 Ave.	★			✓					

Park and Facility Amenities	Bike	Pay/Info	Washrooms	Water Fountain	Public Phone	Playground	Seating	Fishing	Picnic
1 Kernohan Ravine 25 St. & 109 Ave.									
2 Hermitage Park 21 St. & 109 Ave.	★			✓					
3 Kennedale Ravine 21 St. & 109 Ave.									
4 Rundle Park 29 St. & 118 Ave.	★	✓	✓	✓	✓				
5 Rundle Park Golf Course Clubhouse 29 St. & 118 Ave.	★	✓	✓	✓	✓				
6 ACT Centre & Rundle Family Center 29 St. & 118 Ave.	★	✓	✓	✓	✓	✓	✓	✓	✓

Park and Facility Amenities	Bike	Pay/Info	Washrooms	Water Fountain	Public Phone	Playground	Seating	Fishing	Picnic
1 Goldstick Park 40 St. & 107 Ave.									
2 Gold Bar Park 45 St. & 110 Ave.	★	✓	✓	✓	✓	✓	✓	✓	✓
3 Capilano Park 50 St. & 106 Ave.	★			✓					

Park and Facility Amenities	Bike	Pay/Info	Washrooms	Water Fountain	Public Phone	Playground	Seating	Fishing	Picnic
1 Terwillegar Park Rabbit Hill Rd.			✓	✓		✓	✓	✓	✓

Park and Facility Amenities	Bike	Pay/Info	Washrooms	Water Fountain	Public Phone	Playground	Seating	Fishing	Picnic
1 Queen Elizabeth Park 109 St. & 84 Ave.			✓	✓					
2 Kingsmere Park 8103 Walterdale Rd.			✓	✓		✓	✓		✓
3 Kinsmen Sports Centre & J.W. Mowatt Kingsmere Park			✓	✓					
4 Emily Murphy Park Groat Rd. & Emily Murphy Park Rd.			✓	✓		✓	✓		✓
5 Victoria Park River Rd. & 114 St.			✓	✓		✓	✓		✓
6 Victoria Park Golf Course Clubhouse River Rd. & 121 St.			✓	✓					

(Cycling permitted ONLY on paved or designated unpaved multi-use trails)

Legend
- Separated Bike Path
- On Road Signed Bike Path
- Paved Multi - Use Trails in Parkland
- Granular Multi - Use Trails
- Granular Pedestrian Trail Only
- Equine / Pedestrian Trail Only

IT'S THE LAW

OBEY TRAFFIC SIGNS AND SIGNALS
As a vehicle, you must obey all rules of the road. Cyclists have the same privileges and responsibilities as other vehicles.

SIGNS
Cyclists must be aware of and obey all signs on the trails, especially those trails which are posted, "Closed to Bicycles." These closures are for the safety of the cyclists and other park users, or for the protection of wildlife and the environment.

ONE PERSON PER BIKE
Riding double is only permitted on a bicycle that is designed and equipped to handle two persons.

RIDE IN SINGLE FILE
Cyclists must ride in single file, except when passing another vehicle.

EQUIP YOUR BIKE WISELY
The law states that bicycles must be equipped with adequate brakes and a warning device (horn, bell or gong).

KEEP YOUR BIKE IN GOOD REPAIR
Ensure your bike has functioning brakes, steering and gears. Adjust your bike to fit you properly. Remember, if a Police Officer feels that a bike is unsafe, he or she can have it removed from the road or trail until repairs are completed.

RING THAT BELL
Warn pedestrians of your approach. Pedestrians always have the right-of-way.

USE LIGHTS AT NIGHT
If you are going to operate a bicycle after dark, it must be equipped with a headlight in the front, a red tail light, and red rear reflector.

WEAR AN APPROVED CYCLE HELMET
Approved cycling helmets meeting ANSI, Snell, and/or CSA standards are highly recommended. Head injuries result in over 75% of cyclist fatalities
Helmets Save Lives.

BICYCLE LEGISLATION

HIGHWAY TRAFFIC ACT, SECTION 144
- A person operating a bicycle on a street has all the rights, and is subject to all the duties that a driver of a motor vehicle has.

CITY OF EDMONTON TRAFFIC BYLAW # 5590
Cyclists are not allowed to ride their bicycle on City sidewalks unless so designated.
When riding on a sidewalk or in a crosswalk, a cyclist must:
- Yield right-of-way to pedestrians.
- When passing a pedestrian, use the care and control required to ensure the safety of the pedestrian.
- Give a audible signal by voice, bell or other warning device in a reasonable time prior to overtaking the pedestrian.
- Yield right-of-way to any vehicle on a street which crosses the cycle route.

CITY OF EDMONTON PARK AND RECREATION BYLAW # 2202
- Every trail user shall yield right-of-way to slower moving users.
- When a user wants to pass a slower moving user on a trail, the user shall use care and control required to ensure the safety of the slower moving user.
- Every trail user shall give an audible signal by voice, bell, or other warning device in a reasonable time prior to overtaking the slower user.

UNIVERSITY OF ALBERTA CAMPUS
The University of Alberta has its own set of regulations and information for operating bicycles on campus. Call Campus Security at 492-5252 for more information.

RIDE THE RAIL

RIDE THE RAIL
Cyclists that ride the LRT may take their bike on the train through specially marked doors when paying regular fare. Bicycle travel in the peak direction is allowed Monday to Friday, from 5:30 am to 7:30 am: 8:30 am to 4:30 pm and 5:00 pm to closing. Bicycle travel in the direction opposite to the peak travel has no hourly restrictions. There are no hourly restrictions for bicycles on Saturday, Sunday and statutory holidays.

BIKES ON THE ETS BUS
Bike racks have been installed on low floor buses operating on route 9, with approximately every second bus offering bicycle rack service throughout the week in all time periods. Cyclists are responsible for properly securing their bikes.

CITY CONTACTS

The City of Edmonton has published this map for cyclists to help them choose the best route according to their cycling abilities.

The classifications indicated should be used as a guide only. Cyclists should be prepared to make their own evaluation of the traffic on the street, and of the suitability of their chosen route.

REMEMBER
Cyclists have all the rights and duties that a driver of a motor vehicle has. Your bike is the smallest vehicle on the road. Because of this, motorists often have difficulty seeing you. Your safety depends upon you. Make yourself visible and ride predictably. Always ride where motorists expect to see you. All the rules of the road apply to the River Valley trails.

TRANSPORTATION AND STREETS DEPARTMENT
(On-Road Facilities)
General Information Line 496-2407
Roadway Trouble (24-Hour Line) 496-1700
(potholes, gravel, glass)
Website: http://www.gov.edmonton.ab.ca/departments_services.html
Select bicycle facilities

COMMUNITY SERVICES DEPARTMENT
(River Valley Facilities)
General Information Line 496-4999
Park Rangers 446-4314
Website: http://www.gov.edmonton.ab.ca/rivervalley/
Email: cms.rangers@gov.edmonton.ca.ab

River Valley Centre 496-7275
11608 St. Albert Trail
8:30 am - 4:30 pm weekdays
Closed weekends and holidays.

Edmonton For free distribution only (2001)

CYCLE CONTACTS

- Edmonton Bicycle Commuters 433-2453
  (bike repair facility & advocacy)
- Edmonton Bicycle & Touring Club 424-2453
  (touring, cross country skiing & social activities)
- Alberta Bicycle Association 427-6352
  (Provincial governing organization for all bicycle racing)
- Edmonton Road & Track Club 439-8483
- Edmonton Masters Cycling Club 990-0061
- Associated Cycle Messengers of Edmonton 426-6713
- Argyll Velodrome / Juventus Cycling Club 944-7438
- Alberta Trail Net 422-7150
  (Trans-Canada Trail)

For information on bicycle repairs and rentals check the Edmonton Yellow Pages Directory.

EDUCATION CONTACTS

For further information on cycling education programs please contact the following agencies:
- Bicycle Education Society of Edmonton 421-0241
- Edmonton Police Services (Traffic Education Unit) 421-3556
- Edmonton Safety Council (Pedal Pushers) 462-7300
- Edmonton Catholic Schools (Outdoor Education Programs) 496-2966
- Alberta Transportation (Safety Services) 427-8901
- Alberta Motor Association (School Patrol Program) 474-8785
- Grey Nuns Hospital Bicycle Coalition (Helmet Program) 450-7312